



# Baby's Stomach Size

Age

Stomach

Capacity

0-3 Weeks



walnut

30ml -90ml  
every 2-3 hours  
8-12 feedings daily

3 weeks -  
3 months



egg

90ml-120ml  
every 2-3 hours  
6-8 feedings daily  
700ml-950ml total

3-6 months



orange

120ml-230ml  
every 3 hours  
4-6 feedings daily  
700ml-950ml total

6-12 Months



grapefruit

180ml-230ml  
every 4 hours  
4-6 feedings daily  
+ Puree  
700ml-950ml total

12+ Months



Cantaloupe

120ml cow/soy  
milk (or yogurt) up  
to 4 times daily  
+ 3 meals